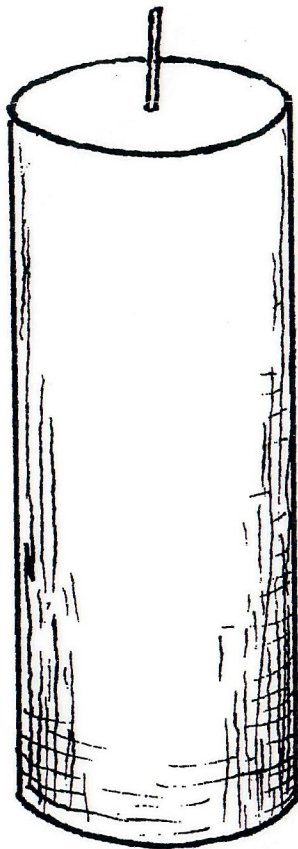


**JACK BE
NIMBLE**

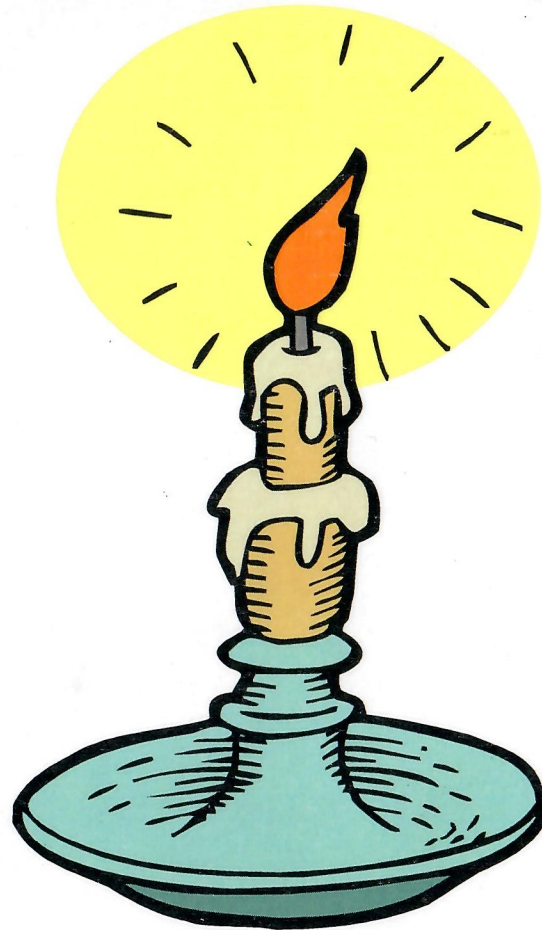
Jack be nimble!

Jack be quick!

Jack jump over
the candlestick.



Jack Be Nimble



Instructions for Jack Be Nimble

Development Area: creative arts, literacy and gross motor.

This nursery rhyme can become active by replacing your child's name for Jack's name. A simple candle can be used (please make sure it is unlit) or one could be made with a paper plate for a base, and a piece of construction paper rolled and taped standing up on the paper plate. A pretend flame could be cut from paper and taped to the top of the rolled construction paper.

To extend the activity, ask your child, "How else could Jack move around the candle?" Examples would be: crawling, hopping, tiptoeing, stomping, and twirling! Your child could demonstrate their ideas.