

Instructions for Rain, Rain Go Away Activities

Development Area: creative arts, gross and fine motor.

Help your child learn and memorize the Rain, Rain Go Away rhyme. When the rhyme Rain, Rain Go Away doesn't make the rain go away. Help your child burn stored up energy by setting up an indoor obstacle course.

Push aside some furniture, and practice gross motor skills without breaking your treasures! Set out a laundry basket and use balled up socks to practice throwing and accuracy. Tape down some yarn or string for a makeshift balance beam. Do moves in place, like running, jumping and hopping. Add yoga moves (find children's yoga online,) use a timer and cheer them on. There are an infinite number of possibilities here.

If space is limited, you can help your child make a rain stick.



Here is how you make one:

1. Take a cardboard tube. You can poke brads through it on the outside of the tube, use cupcake liners tied off with yarn, or anything that you care to experiment with for the ends.

2. Cover it with aluminum foil, colored paper your child has drawn, fabric, or anything you'd like. Cover one end and tape or glue it shut. (You could also stuff the bottom with aluminum foil if you don't like the look of tape on the outside.)

3. Fill the tube with items like rice, beans, and popcorn kernels.

4. Cover the open end and tape it shut. Then decorate it with stickers.

Move the tube back and forth and listen to the sounds. It should sound like rain! Have fun and enjoy!